

**Scottish Veteran Harriers Club**  
**10 Mile Championship**  
**Strathclyde Park Sunday 12<sup>th</sup> April 2009**

**M40**

1 David Armour	Central AC	56:22
2 Scott Martin	Kilmarnock AC	57:55
3 Gerry Craig	VP Glasgow	1:00:31

**M45**

1 Robert Rogerson	Kirkintilloch Olympians	59:21
2 Benny Hands	Motherwell AC	1:04:42
3 Alex Hay	Motherwell AC	1:09:21
4 Terry Addison	Kirkintilloch Olympians	1:12:17

**M50**

1 Paul Thompson	Helensburgh AC	58:46
2 Colin Feechan	RH Cambuslang Harr	1:01:05
3 David Dickson	Garscube Harr	1:02:04
4 Andy Law	Mid Argyle AC	1:02:29
5 Hugh Gallagher	Giffnock North AC	1:03:56
6 John Owens	Springburn Harr	1:12:47

**M55**

1 Andy McAlinden	Hamilton Harr	59:16
2 Robert Wilson	Green Glenpark Harr	1:00:03
3 Jim White	Irvine AC	1:06:12
4 Sandy Eaglesham	RH Cambuslang Harr	1:07:15
5 Willie Scoular	Law & Dist AC	1:18:01

**M60**

1 Jim Rowley	Law & Dist AC	1:06:03
2 Fred McCain	Haddington ELP	1:13:51

**M65**

1 Ian Leggett	Livingston & Dist	1:10:38
2 George Inglis	Springburn Harr	1:27:19

**M70**

1 Alistair Shaw	Giffnock North AC	1:13:39
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**M75**

1 Willie Hamill	Hamilton Harriers	1:28:01
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**W35**

1 Julia Henderson Helensburgh AC 1:03:47

**W40**

1 Michelle Hetherington Helensburgh AC 1:04:50

2 Pamela Parker Kirkintilloch Olympians 1:18:57

**W45**

1 Frances Florence Springburn Harr 1:05:35

2 Hazel Dean Central AC 1:07:44

3 Marie McChord Kirkintilloch Olympians 1:10:58

**W50**

1 Erica Christie Bellahouston Harr 1:07:49

2 Jan Fellowes Helensburgh AC 1:14:28

3 Phyllis Hands Motherwell AC 1:15:09

**W55**

1 Maggie Hendry Kirkintilloch Olympians 1:19:03

2 Barbara Sloss Motherwell AC 1:21:39

**W60**

1 Sheila Bauchope SVHC 1:26:20