

# SVHC 10 MILE CHAMPIONSHIP

STRATHCLYDE PARK SUNDAY APRIL 13<sup>th</sup>

## M40

1	Andy Little	Shettleston Harriers	52.40
2	Adrian Dow	Kirkintilloch Olympians	1.01.33

## M45

1	Robert Rogerson	Kirkintilloch Olympians	58.53
2	Neil Prior	Dumbarton AAC	1.00.06
3	Benny Hands	Motherwell AC	1.01.44
4	Terry Addison	Kirkintilloch Olympians	1.12.49

## M50

1	Paul Thomson	Helensburgh AAC	58.10
2	William Haining	SVHC	1.04.20
3	Tom McAra	SVHC	1.04.46
4	Sam Green	SVHC	1.06.21
5	Peter White	Shettleston Harriers	1.20.48
6	Gordon McDonald	Kirkintilloch Olympians	1.22.53

## M55

1	Stuart Waugh	Calderglen Harriers	1.06.55
2	Henry Curran	SVHC	1.07.23
3	Jim White	Irvine AC	1.08.21

## M60

1	Donald McCaffer	Motherwell AC	1.15.56
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## M65

1	Peter Cartwright	Clydesdale Harriers	1.07.25
2	Ian Leggett	Livingston AC	1.12.30
3	George Inglis	Springburn Harriers	1.26.58

## M70

1	Alistair Shaw	Giffnock North AC	1.12.23
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## M75

1	Willie Hamill	Hamilton Harriers	1.28.28
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## W40

<b>1</b>	<b>Michelle Hetherington</b>	<b>Helensburgh AAC</b>	<b>1.03.28</b>
<b>2</b>	<b>Ada Stewart</b>	<b>Kirkintilloch Olympians</b>	<b>1.10.49</b>
<b>3</b>	<b>Pamela Parker</b>	<b>Kirkintilloch Olympians</b>	<b>1.21.28</b>

**W45**

<b>1</b>	<b>Pamela McCrossan</b>	<b>Clydesdale Harriers</b>	<b>1.06.24</b>
<b>2</b>	<b>Marie McChord</b>	<b>Kirkintilloch Olympians</b>	<b>1.10.09</b>
<b>3</b>	<b>Susan Addison</b>	<b>Kirkintilloch Olympians</b>	<b>1.10.34</b>
<b>4</b>	<b>Carole Munro</b>	<b>Motherwell AC</b>	<b>1.12.09</b>
<b>5</b>	<b>Sharon Taylor</b>	<b>Bellahouston Harriers</b>	<b>1.17.24</b>

**W50**

<b>1</b>	<b>Janet Fellowes</b>	<b>Helensburgh AAC</b>	<b>1.14.38</b>
<b>2</b>	<b>Maggie Hendry</b>	<b>Kirkintilloch Olympians</b>	<b>1.19.16</b>
<b>3</b>	<b>Phyllis Hands</b>	<b>Motherwell AC</b>	<b>1.21.53</b>